

**Be A Veteran's Secret Santa This Christmas! (Plus, Get a Complimentary Gift)**  
*Local Shop(Just Naturals) Honors Veterans in Nursing Homes This Christmas*

Bedford, NH – Are you looking to do something special this Christmas? How about being a secret Santa for a Veteran in one of our local nursing homes. Just Naturals is a new store in Bedford owned by Karen Girardo that offers unique award winning chemical free natural personal care and home care products. They have teamed up with 5 local nursing homes to launch a Christmas effort to celebrate veterans in our area. While Karen applauds the many Christmas programs being run for active duty Veterans currently serving overseas she thought it would be nice to remember those Veterans in our local nursing homes who are here all year long. According to Karen, “I have been a long time supporter of Veterans and wanted to do something that would allow everyone in our area the opportunity to show support for the Veterans who are living here in our own community. I have the highest regard for anyone who has put their lives on the line for our freedom. Christmas is one of the many times that we should remember that many of our senior veterans are living right here in local nursing homes.” Most of the Veterans receiving gifts are seniors including one gentleman in his 90's. They have served in conflicts dating from WWII to the Gulf War.

Here's how you can help. Just stop by Just Naturals located at 176 S. River Road (next to the Manchester Country Club) or their location in Amherst at Salsburg Square and choose a secret Santa request slip off our one of our two Christmas trees. The items requested range from a jar of mixed nuts to flannel shirts or slippers. The requests range from approx \$5- \$30. In addition to helping our local veterans when you bring your gift back you will receive a complimentary gift from Just Naturals, just for helping out. All gift items must be returned by December 18<sup>th</sup> and we will be delivering them to the nursing homes on December 21<sup>st</sup>

Just Naturals has identified just under 100 Veterans at 5 nursing homes. The nursing homes participating are: Ridgewood Center, The Arbors, Carlisle Place, Bedford Hills, and Hanover Hill. In addition to the gift you bring to our store; Just Naturals will also be including their own gift, a mood lifting and energizing scented product. Karen mentioned, “We are believers in the positive effects of aromatherapy on the brain. Many of our customers have testified to the mood lifting and energizing impact the products have had on their lives. We are happy to including them in the Veterans gift set this Christmas. “